



GOVERNMENT COLLEGE, MATANHAIL

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CERTIFICATE

Response 7.2.1:

This is to certify that the institution follows two best practices which are successfully implemented.

Best Practices I

1. Title of the Practice

We are following one of the best practices in the area of sports to fulfill the needs & aspirations of students as well as society with the Title as “We are the Champions”.

2. Objectives:

To foster and development of lifelong physical activities among student groups.

To enable low-participation group of students to partake in sports and physical activity.

To empower students to avail opportunities for participation in a variety of local and outside programmes and events.

To provide a diverse range of opportunities for participation in sport and physical activity.

To promote linkage between college and communities.

3. The contest:

The college realizes that sports achievements add valuable dimensions to our reputation and Provide encouragement and support in the form of training facilities, allowances and cash awards. The efforts of the college are not limited to only outstanding sports achievers; it also promotes staff and student’s interest in sports and physical fitness through annual athletics meet. The institution do face many challenges to facilitate the budding talent. Owing to Coeducational status of college the potential of female players is not harnessed as the institution lacking in providing special coaching, caring and other related facilities to female players. The college also don’t have special coaches for various games. Talent development in sport is achieved through years of preparation and requires constant interaction between personal and contextual resources. Not surprisingly, the relations established with social agents (i.e., coaches, peers/teammates, parents) can facilitate or impede the developmental process. Consequently, the

development of athletes in the context of sport and performance psychology extends past the individual and is influenced by several factors that must be discussed.

4. The Practice:

As already said, Sports give peace of mind that allows greater concentration. Sports acts as a great outlet for frustrations of any kind. The college organises “**Annual Athletic Meet**” regularly and good athletes participate in various events at university level, inter-university level and national level etc.

5. Problems Encountered and Resources Required:

The excellence in sports requires regular practice under the supervision of efficient coaches with adequate sports infrastructure but the college encountered the problems of indoor stadium & a sports hall etc. during the year. We are also lacking the facilities for basketball, hockey and other popular games which can provide a chance to our students to show their talent in this field at international level also. We are unable to provide them Boxing ring or other facilities to Boxers. So, the college is committed and working vigorously for building a rich sports infrastructure in the form of Boxing Ring, Indoor Stadium and construction of a separate sports hall in the college campus itself.

Best Practices II

1. Title of the Practice

“Cultural Activities: A pioneer in Personality Development”.

2. Objectives:

- To promote holistic development of students.
- To create a fun, free and inclusive experience for all students and staff.
- To promote practical management related learning.
- To develop managerial skills and Business acumen.
- To promote art, cultural and artists.
- To strengthen the understanding of diversity.
- To increase student participation.
- To introduce new, creative and challenging ideas.

3. The contest:

Cultural Activities being an amalgamation/consortium of many activities require efficient management of resources. Cultural diversity has direct effects to the growth of students. More diverse environments increase all students’ level of critical thinking, raise levels of their knowledge and awareness, challenge assumptions, and raise levels of their contact connections and communications. A multicultural learning situation brings with it a number of challenges that need to be overcome to create an effective learning environment for every student. These aspects such as communications (different languages), learning preferences (the manner in which learners understand and retain information), and social values (values that differ from culture to culture) all contribute to the learning environment. A common platform is provided to

students from different culture, social positions and background. In this age of globalization there is an urgent need to appreciate and understand the unique culture of our country.

4. The Practice:

Culture being a blueprint of life activities is inclusive of every aspect of our life. It guides people's actions and feelings towards numerous things. It is a major player in shaping our attitudes, habits, actions and thoughts. In the college, Cultural Programmes organised and participation in "Youth Festivals" is ensured with an objective of developing extra-curricular and co-curricular talents of the students, improving their capabilities to work as a team and raising their level of self-confidence in interacting with fellow students. Notwithstanding, extraordinary success in this field, there have been constraints and limitations as well. One of the major constraints is to find suitable 'Casts' for the specific item or genre, as this institution is fed with the students from rural areas wherein cultural aspects of education is paid least attention. Therefore, to sift out to and polish the rough talent requires a lot of time and energy.

5. Evidence of Success:

The College regularly organized the Cultural Programme.

Problems Encountered and Resources Required:

Problems are stepping stones in any Endeavour. Anything achieved without sweating has no enjoyment in life. So, success story of this institution in the field of cultural activities is not without facing difficulties.

Major constraints which were encountered in this journey are as follows: -

1. **Scarcity of Suitable Cast:** - This institution is surrounded by rural area. Students are having rural social and cultural background wherein extra co-curricular activities are paid little or no attention during schooling years.
2. **Limitation of time:** As the students in this institution come from far flung and remote area, they have to start early either way.
3. **Scarcity of Cultural Paraphernalia:** Cultural activities are numerous so the requirement of any good performance is to equip the characters/participants with best costumes and provide latest instruments and best stage decoration.
4. **Scarcity of Funds:** 'Money makes the mare go' is apt and appropriate and is so in this field as well. It comes in the way of achieving desired goals in this field. But this doesn't mean that scarcity of funds cannot be managed to realize full potential.


Principal
GOVT. COLLEGE
Matanhai (Jhajjar)